

BREAKFAST

MARCH 2024

LUNCH

All breakfasts include the following components:
2 Oz. Grains, 1 Cup Fruit & 1 Cup Milk. *Optional
breakfast is cereal, crackers, fruit & milk.

Cascade Union Elementary School District

All lunches include the following components:
1 Cup Milk, 1-2 Oz. Meat/Meat Alt., 1-2 Oz Grains,
Fruit & vegetables

Monday



Tuesday



Wednesday



Thursday



Friday

BREAKFAST:
SAUSAGE, EGG & CHEESE BISCUIT
FRUIT

LUNCH:
CHICKEN & WAFFLE SANDWICH
Choice of Gravy or Syrup
HASHBROWN & FRUIT

BREAKFAST:
BISCUIT & GRAVY
FRUIT

LUNCH:
EGG MCMUFFIN
HASHBROWNS
FRUIT

BREAKFAST:
HOMEMADE MUFFIN
STRING CHEESE & FRUIT

LUNCH:
MAC & CHEESE
GREEN BEANS
FRUIT

REAKFAST:
FRUIT & YOGURT PARFAIT

LUNCH:
DELI CROISSANT SANDWICH
CARROTS
FRESH FRUIT

BREAKFAST:
EGG & PANCAKE SANDWICH
FRUIT

LUNCH:
CHICKEN PARMESAN SANDWICH
SALAD
FRUIT

BREAKFAST:
EGG & CHEESE CROISSANT
FRUIT

LUNCH:
PIZZA
SALAD & FRUIT

BREAKFAST:
SAUSAGE, EGG & CHEESE BISCUIT
FRUIT

LUNCH:
BBQ CHICKEN FLAT BREAD PIZZA
CHIPS
CARROTS & FRUIT

BREAKFAST:
BISCUIT & GRAVY
FRUIT

LUNCH:
CHEESEBURGER
FRENCH FRIES
FRUIT

BREAKFAST:
HOMEMADE MUFFIN
STRING CHEESE & FRUIT

LUNCH:
SLOPPY JOES
VEGGIES
FRUIT

BREAKFAST:
FRUIT & YOGURT PARFAIT

LUNCH:
BAKED ZITI
GREEN BEANS
FRUIT

BREAKFAST:
EGG & PANCAKE SANDWICH
FRUIT

LUNCH:
RIB-A-QUE SANDWICH
VEGGIES & RANCH
FRUIT

BREAKFAST:
SAUSAGE, EGG & CHEESE BISCUIT
FRUIT

LUNCH:
NACHOS
REFRIED BEANS
FRUIT

BREAKFAST:
BISCUIT & GRAVY
FRUIT

LUNCH:
TURKEY, RICE & BLACK BEAN BURRITO
CARROTS
FRUIT

BREAKFAST:
HOMEMADE MUFFIN
STRING CHEESE & FRUIT

LUNCH:
SPAGHETTI & ROLL
SALAD
FRUIT

REAKFAST:
EGGS & TOAST
FRUIT

LUNCH:
LOADED POPCORN CHICKEN BOWL
CARROTS
FRESH FRUIT

BREAKFAST:
EGG & CHEESE CROISSANT
FRUIT

LUNCH:
CHICKEN PARMESAN SANDWICH
SALAD, FRUIT
BIRTHDAY TREAT

BREAKFAST:
SAUSAGE, EGG & CHEESE BISCUIT
FRUIT

LUNCH:
CHICKEN & WAFFLE SANDWICH
Choice of Gravy or Syrup
HASHBROWN & FRUIT

BREAKFAST:
BISCUIT & GRAVY
FRUIT

LUNCH:
EGG MCMUFFIN
HASHBROWNS
FRUIT

BREAKFAST:
HOMEMADE MUFFIN
STRING CHEESE & FRUIT

LUNCH:
MAC & CHEESE
GREEN BEANS
FRUIT

REAKFAST:
EGGS & TOAST
FRUIT

LUNCH:
DELI CROISSANT SANDWICH
CARROTS
FRESH FRUIT

NO SCHOOL

Menus are subject to change

This institution is an equal opportunity provider. Happy Birthday to everyone with a birthday in March!
Birthday treat comes with hot lunch only.