

2024 AUGUST

Tree of Life International Charter School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast: All breakfasts include the following components: 2 Oz. Grains, 1 Cup Fruit & 1 Cup Milk.

Lunch: All lunches include the following components: 1 Cup Milk, 1-2 Oz. Meat/Meat Alt., 1-2 Oz Grains, Fruit, & vegetables

Milk options are 1% white or Fat Free Chocolate

Happy Birthday to everyone with a birthday in August! Birthday treat comes with hot lunch only.

*New Addition to Menu cycle: Nacho Fries and Papa Murphy's Pizza! *

5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

BREAKFAST:
HOMEMADE MUFFIN
FRUIT
LUNCH:
NACHO FRIES
REFRIED BEANS
FRUIT

BREAKFAST:
EGGS & TOAST
FRUIT
LUNCH:
EGG MCMUFFIN
HASHBROWN
CARROTS & FRUIT

BREAKFAST:
WAFFLES
FRUIT
LUNCH:
CHICKEN PATTY SANDWICH
MIXED VEGGIES & RANCH
FRUIT

BREAKFAST:
SAUSAGE & CHEESE BISCUIT
FRUIT
LUNCH:
GRILLED CHEESE
SALAD
BROCCOLI & FRUIT

BREAKFAST:
FRUIT & YOGURT PARFAIT
LUNCH:
CHICKEN, RICE & BEAN BURRITO
CARROTS
FRUIT SLUSH

BREAKFAST:
HOMEMADE MUFFIN
FRUIT
LUNCH:
SLOPPY JOES
CORN
FRUIT

BREAKFAST:
EGGS & TOAST
FRUIT
LUNCH:
MAC & CHEESE
GREEN BEANS
FRUIT

BREAKFAST:
WAFFLES
FRUIT
LUNCH:
CORN DOG
BAKED BEANS
FRUIT

BREAKFAST:
SAUSAGE & CHEESE BISCUIT
FRUIT
LUNCH:
HOMEMADE BEAN BURRITO
SALAD
FRUIT

BREAKFAST:
FRUIT & YOGURT PARFAIT
LUNCH:
HOT DOG
FRIES
CARROTS & FRUIT SLUSH

BREAKFAST:
HOMEMADE MUFFIN
FRUIT
LUNCH:
DELI SANDWICH & CHIPS
CUCUMBERS & RANCH
FRUIT

BREAKFAST:
EGGS & TOAST
FRUIT
LUNCH:
SOFT TACO
REFRIED BEANS
FRUIT

BREAKFAST:
WAFFLES
FRUIT
LUNCH:
PAPA MURPHY'S PIZZA
SALAD & FRUIT
HAPPY BIRTHDAY TREAT

